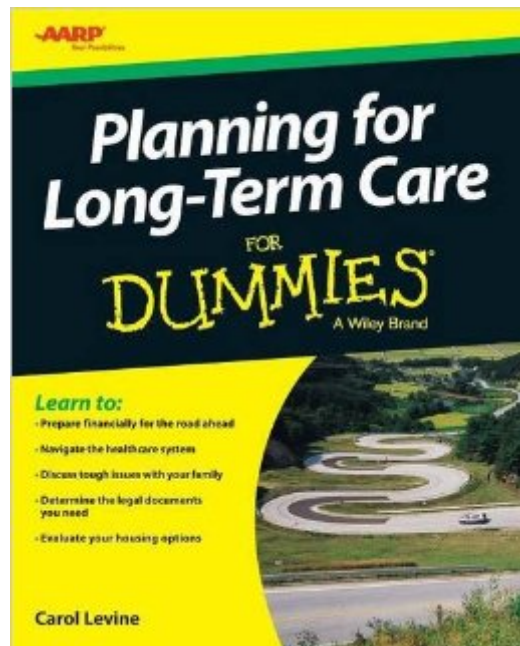


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# Planning For Long-Term Care For Dummies



## Synopsis

Expert advice on planning for your own or a relative's future care needs As we live longer and healthier lives, planning for the long term has never been more important. Planning gives you more control, but it's not easy to find accurate information and answers to your questions. That's where AARP's Planning For Long-Term Care For Dummies comes in. This comprehensive guide gives you questions to ask yourself and others about how best to achieve your goals, whether you have immediate needs or can take some time to sort out the possibilities. The book covers home modifications so that you can stay at home safely for as long as you like Lays out the opportunities and costs associated with independent living, assisted living, and other options Gives you a range of driving and transportation alternatives Sorts out the various sources of care at home Helps you navigate the healthcare system Reviews the legal documents you should prepare and update Helps you determine whether you need long-term care insurance Offers checklists and other resources to help you make decisions Gives you guidance on how to talk to your family about sensitive issues If you're looking for trusted information on how to prepare for the future care needs for yourself or a relative, this sensitive, realistic, and authoritative guide will start you on the right road.

## Book Information

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## Customer Reviews

PLANNING FOR LONG-TERM CARE FOR DUMMIES is an exceptional survey and collection of

resources for all facets of planning for long-term care â “ for oneself or another person. It is, however, only a starting point. Anyone seeking in-depth information about any of the numerous topics it covers will need to look elsewhere. However, this book will point you to precisely the resources- especially web sites â “ that you need. It is also very easy to read. The topics covered by each chapter are clearly stated, and a full index is provided. Terms including abbreviation (e.g. LTSS, SNF, COB, ADL, STP) are clearly defined. Readers may choose to read the entire book or focus their attention on only the chapters pertinent to them. I, for example, was not interested in multigenerational living situations or planning for veterans, but paid particular attention to chapters on Medicare, Medicaid, home care and nursing homes. Chapter titles are as follows: a) The Big Picture b) A Personal Inventory c) Researching Options d) Family Decision e) Aging in Place f) Assisted Living g) Multigenerational Living h) Living in Community i) Transportation j) Medicare and Medicaid k) Longterm Care Insurance l) Money management, Wills and Trusts m) Geriatric Care n) Home Care o) Nursing Homes p) Advance Care Planning q) Special Populations r) LGBT Older Adults s) Veteran t) Family Caregivers u) Ten Myths About Long-Term Care v) Resources Many valuable facts and tips are provided. For example, I found it helpful to know that: a) Many government benefits are state-determined, and vary considerably as a result.

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